## **LUNCH MENU - WEEK 1**

19th Jan. - 9th Feb. - 9th & 30th Mar.

Wholemeal Bread, Salad Bar, Fruit, Low Fat Yoghurts, Milk & Water available daily.

All Special Diets catered for, please contact your school kitchen manager to discuss options further.

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	Meat Free Monday	Tasty Tuesday	Roast it up Wednesday	Treat yourself Thursday	Finish it off Friday
	Margherita Pizza & Pasta	(NEW)Butchers Pork Meatballs in Tomato Sauce with Spaghetti	Roast Turkey & Stuffing with Roast or Mash Potato	Big Brunch, Sausage, Bacon & Omelette	Jumbo Fish Finger
	(NEW)Veggie Patty & Pasta	(NEW)BBQ Super Duper Noodles & Quorn Strips	(NEW)Broccoli & Cheese Stuffed Jacket Potato	Veggie Brunch Sausage & Omelette	Vegetable Nuggets
	Beans or Tuna	Jacket Potato with Cheese, Beans or Tuna	Jacket Potato with Cheese, Beans or Tuna	Jacket Potato with Cheese, Beans or Tuna	Jacket Potato with Cheese, Beans or Tuna
	Mixed Vegetables	Green Beans or Corn on the Cob	Seasonal Veg. & Gravy	Chopped Tomatoes or Baked Beans, Mushrooms & Hash Browns	Chips or Pasta, Sweetcorn or Peas & Tomato Sauce
	(NEW)Rice Pudding with Strawberry Jam	Mandarin Jelly	Ice Cream	(NEW)Apple/ Apricot Crunch	(NEW)Toffee Krispies



## **LUNCH MENU - WEEK 2**

5<sup>th</sup> & 26<sup>th</sup> Jan. - 23<sup>rd</sup> Feb. - 16<sup>th</sup> Mar.

Wholemeal Bread, Salad Bar, Fruit, Low Fat Yoghurts, Milk & Water available daily. All Special Diets catered for.

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	Meat Free Monday	Tasty Tuesday	Roast it up Wednesday	Treat yourself Thursday	Finish it off Friday	M
	Mediterranean Cheesy Pasta Bake	Homemade Chicken Goujons	Toad in the Hole (Sausage & Yorkshire Pudding)	(NEW)Chicken Biriyani	Salmon Strips	
***	Pizza Muffin & Pasta	Cauliflower Bites	Veggie Roast	(NEW)Cheese & Tomato Pasta	Vegan Sausage Roll	
	Jacket Potato with Cheese, Beans or Tuna	Jacket Potato with Cheese, Beans or Tuna	Jacket Potato with Cheese, Beans or Tuna	Jacket Potato with Cheese, Beans or Tuna	Jacket Potato with Cheese, Beans or Tuna	
	Mixed Vegetables	Herby Diced Potatoes, Peas or Baked Beans	Roast or Mash Potato Seasonal Veg. & Gravy	Corn on the Cob or Green Beans	Chips or Pasta, Peas or Sweetcorn	
	Warm Pancakes with Syrup	(NEW)Apple Custard Cake	Cheese, Apple & Crackers	Chocolate Cake	Fruit Cookie	Control
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## **LUNCH MENU - WEEK 3**

12th Jan. - 2nd Feb. - 2nd & 23rd Mar.

Wholemeal Bread, Salad Bar, Fruit, Low Fat Yoghurts, Milk & Water available daily. All Special Diets catered for.

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	Meat Free Monday	Tasty Tuesday	Roast it up Wednesday	Treat Yourself Thursday	Finish it off Friday
	(NEW)Rich & Creamy Special Mac Cheese	Butchers Sausages & Mash Potato	Roast Chicken	100% Beef Burger & Bap	Breaded Fish Fingers
**	(NEW)Pesto & Spinach Pasta	(NEW)Tomato & Cheese Wheel & Pasta	Quorn Fillet	Veggie Bean Chilli & Rice	Vegetable Nuggets
	Jacket Potato with Cheese, Beans or Tuna	Jacket Potato with Cheese, Beans or Tuna	Jacket Potato with Cheese, Beans or Tuna	Jacket Potato with Cheese, Beans or Tuna	Jacket Potato with Cheese, Beans or Tuna
	Crusty Bread & Carrots or Green Beans	Baked Beans or Peas & Gravy	Roast or Mash Potato, Seasonal Veg. Stuffing & Gravy	Tomato Pasta, Peas or Corn on the Cob	Chips or Pasta, Mixed Veg & Tomato Sauce
	Strawberry Mousse	(Steamed) Syrup Sponge	Ice Cream Pots	(NEW)Iced Apple & Raspberry Cake	(NEW)Vegan Chocolate Brownie