

Autumn/Winter Menu

2021/22

Our mission is to provide each of our schools with a unique dining experience that is innovative, aspirational, quality assured and excellent value for money. We can assure you that our ingredients are responsibly, and where possible locally sourced. No ifs, no buts, our menu ingredients are all freshly prepared at your school. The results speak for themselves; access to hearty, wholesome and healthy food every school day.

Week 1 1st/22nd Nov.-13th Dec. 2021-10th/17th Jan. –7th Feb.- 7th/28th Mar. 2022

Monday	Tuesday	Wednesday	Thursday	Friday
M – Cheese & Ham Pasta	M - Butchers Sausage, Mash	M – Roast Chicken & Stuffing	M – Fish Fingers	M – Beef Cobbler
Bake	& Gravy	V – Lentil loaf	V – Quorn Nuggets	V– Margherita Pizzas
V – Quorn Hotdog & Sweet Potato Wedges	V – Sweet and Sour Quorn Pieces with Rice	Sides - Roast Potatoes, Fresh Sliced Carrots, Cabbage &	Sides - Chips , Tomato Sauce, Peas & Beans	Sides – Baked Noisette Pota- toes & Mixed Vegetables
Sides - Carrots & Fresh Broc- coli	Sides - Peas & Green Beans	Gravy	JP - Cheese, Beans or Tuna	JP - Cheese, Beans or Tuna
JP - Cheese, Beans or Tuna	JP - Cheese, Beans or Tuna	JP - Cheese, Beans or Tuna	D – Cookie	D – Banana Cake
	D – Chocolate Courgette Cake	D – Fruit Smoothie		
D – Fresh Fruit				

Week 2 8th/29th Nov.- 3rd/24th Jan.- 14th Feb.-14th Mar. 4th Apr. 2022

Monday	Tuesday	Wednesday	Thursday	Friday
M – Beef Burger in a Bap &	M – Margherita Pizzas &	M - Roast Pork & Apple Sauce	M - Breaded Fish	M – Mild Chicken Korma &
Wedges	Pasta	V – Vegetarian Roast	V – Quorn Nuggets	Rice
V – Sweet Potato & Lentil	V- Quorn Chilli & Wholemeal	Sides - Roast Potatoes, Fresh	Sides - Chips, Tomato Sauce,	V – Cauliflower Bites with
Curry with Sunshine Rice	Rice	Broccoli, Sliced Carrots &	Peas	BBQ Sauce & Sweet Potatoes
Sides - Peas & Carrots	Sides - Baked Beans & Green	Gravy	JP - Cheese, Beans or Tuna	Sides - Mixed Vegetables
JP - Cheese, Beans or Tuna	Beans	JP - Cheese, Beans or Tuna	D– Cookie	JP - Cheese, Beans or Tuna
D– Fresh Fruit	JP - Cheese, Beans or Tuna	D– Fruit Smoothie		D– Apple Cake
	D– Iced Sponge			

Week 3 15th Nov.-6th Dec. 2021-10th 31st Jan. -28th Feb.-21st Mar 2022

Monday	Tuesday	Wednesday	Thursday	Friday
M - Toad in the Hole, Creamy	M – Chicken & Vegetable Pie	M – Roast Turkey with Herby	M– Salmon Fish Cakes	M– Beef Lasagne & Garlic
Mash Potato with Gravy	with Creamy Mash Potato	Stuffing	V– Quorn Nuggets	Bread
V – Spinach, Pepper & Moz-	V – Quorn Sausage Roll &	V – Vegetable Gratin	Sides - Chips, Tomato Sauce,	V– Roasted Vegetable
zarella Pasta Bake	Baked Wedges	Sides - Roast Potatoes, Fresh	JP - Cheese, Beans or Tuna	Bolognaise
Sides - Fresh Sliced Carrots &	Sides - Green Beans & Cab-	Sliced Carrots, Broccoli &		Sides - Cabbage & Green
Peas	bage	Gravy		Beans
JP - Cheese, Beans or Tuna	JP - Cheese, Beans or Tuna	JP - Cheese, Beans, Tuna	D – Cookie	JP - Cheese, Beans or Tuna
D – Fresh Fruit	D – Carrot Cake	D – Fruit Smoothie		D – Raspberry Cake

Yoghurts & Fresh Fruit will be available daily