# **Lewis Class**

# Theme/Curriculum (week beginning 15.06.20)

Get Set 4 PE is a fab company that has provided a huge number of activities that can be done at home and match the skills we teach in school. Please pick one or two and have a go this week!

https://www.getset4pe.co.uk/ResourceBank/ResourceCategory/1002

- Take part in the 'PE with Joe' sessions, every week day at 9am: https://www.youtube.com/playlist?list=PLyCLoPd4VxBsjmT2uzj4ojk-EQaJ9oi8R
- Have a go at some yoga: https://www.youtube.com/user/CosmicKidsYoga
- Fun dance routines taught by Oti Mabuse from Strictly! https://www.youtube.com/channel/UC58aowNEXHHnflR 5YTtP4g
- Saskia's Dance School https://www.youtube.com/user/saskiasdansschool/videos?app=desktop
- Kids Bop Dance Break https://www.youtube.com/channel/UCgscMO1YfPB3-7dZZSxKPrQ
- Yoga https://www.youtube.com/watch?v=4ZpkRAcgws4&feature=emb\_title

 Also, there will are a number of activity and play resources, ideas, daily challenges Games

promoted via the East Devon School Twitter Account: @EDSchoolGa1

A game to play:

**Alphabet** scavenger hunt What you need: One or more players, a piece of

- it back to your start point and write the word of the item on your sheet.

How quickly can you find the alphabet?



Watch Robin's assembly https://www.youtube.com/watch?v=ets9c7iMXI0

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The special guest used to be a governor at Halberton school but also happens to be a scientist working with the UN and international organisations. The assembly links in nicely with Earth Day.

- Create either a poster, poem or prayer to reflect on the issues that Robin and Rob talk about.
- Think about what YOU can do:
- 1. Think about your life and if you are doing things to look after the environment like recycling. If no – think about changes you might make!
- 2. Persuade friends and family to think too.
- 3. Persuade the powerful people to change maybe write a letter to the prime minister!

Watch this video from the NSPCC about keeping safe: https://www.voutube.com/watch?v=qm0kccbZpYY&feature=voutu.be

## Activities through a themed based project

The project this week aims to provide opportunities for your child to learn more about the world's rainforests. Learning may focus on the plants, animals and insects that inhabit the rainforest, food that originates there and weather patterns. It could look at plants and animals that can be found in the garden too.

### Amazing Animals

- Ask your child to think about the following: How many different types of animals live in rainforests? Can they name any? What is their diet like? How do they hunt for their prey or hide from predators? Look at these 11 amazing rainforest animals (<a href="https://www.rainforest-alliance.org/articles/11-amazing-rainforest-animals">https://www.rainforest-alliance.org/articles/11-amazing-rainforest-animals</a>). Encourage your child to choose one of the animals and create a poster all about them.

## Layers of the Rainforest

- Take a look at this information with your child (<a href="https://www.rainforest-alliance.org/sites/default/files/2016-10/rainforest-layers.pdf">https://www.rainforest-alliance.org/sites/default/files/2016-10/rainforest-layers.pdf</a>) all about the layers of the rainforest. Ask your child to try creating their own diagram showing the layers of the rainforest and the animals you can find in each layer. Your child could cut and stick pictures, paint or draw!

Can your child categorise the animals?

#### • Roar!

- Have a go at this forest themed GoNoodle! (<a href="https://family.gonoodle.com/activities/roar">https://family.gonoodle.com/activities/roar</a>) Finished? Ask your child to try making up their own rainforest-themed dance routine to the same song - they could pretend to be a different animal for each dance move! Recommendation at least 2 hours of exercise a week.

## One Step at a Time

- Talk to family members about the deforestation of rainforests and think about how we could help by taking small steps at home. This article should help get them started! <a href="https://www.rainforest-alliance.org/articles/10-ways-kids-can-save-the-rainforest">https://www.rainforest-alliance.org/articles/10-ways-kids-can-save-the-rainforest</a> Can your child record their very own advert encouraging people to reduce, reuse, recycle? Encourage them to think about the impact on the environment, animals and their habitats, global warming and the tribes that occupy the rainforests. Alternatively, they could write a jingle about the benefits of recycling and perform this to the family. Share these at #TheLearningProjects.

#### • The Problem with Palm Oil

- Take a look at the Greenpeace website <a href="https://www.greenpeace.org.uk/challenges/palm-oil/">https://www.greenpeace.org.uk/challenges/palm-oil/</a> and find out about the effects of palm oil on our planet. Discuss with your child how this affects animals around the world. Ask your child to identify all of the foods in the kitchen that contain palm oil. Can they suggest alternatives for your next shop? Task your child with planning an imaginary charity event to raise funds for The Orangutan Foundation <a href="https://www.orangutan.org.uk/">https://www.orangutan.org.uk/</a>.