## DISHES AND THEIR ALLERGEN CONTENT – Ventrus – Primary School – Spring/Summer 2022

✓ Contains ✓ May Contain

						Lupin Flour			MUSTARD					Boor
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusca	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Macaroni Cheese		$\checkmark$					$\checkmark$							
Beef Burger PD														$\checkmark$
Beef Burger Gibbins	$\checkmark$	$\checkmark$											$\checkmark$	$\checkmark$
Roast Chicken														
BBQ Chicken		$\checkmark$			$\checkmark$				$\checkmark$					
Fish Finger		$\checkmark$			$\checkmark$									
Cheese Wheel		$\checkmark$		$\checkmark$			$\checkmark$		$\checkmark$					
Pasta Bolognaise		$\checkmark$												
Roast Gammon														
HR Salmon Fillet		$\checkmark$			$\checkmark$									
Butchers Sausage		$\checkmark$												
Butchers Sausage (Gibbins)	$\checkmark$	$\checkmark$							✓					✓
Margherita Pizza Base Mix		✓		$\checkmark$			$\checkmark$						$\checkmark$	
Margherita Pizza Base		$\checkmark$		$\checkmark$										

			No.			Lupin Flour			MUSTARD		0		• <b>1</b>	Beer
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusca	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Chicken & Noodles		$\checkmark$		>									$\checkmark$	
Roast Pork & Apple Sauce														
Pork Meatball Pot Roast		$\checkmark$					$\checkmark$						$\checkmark$	$\checkmark$
Breaded Fish		$\checkmark$			$\checkmark$									
VEGETARIAN														
Feta Stuffed Peppers							$\checkmark$							
Quorn Hot Dog		$\checkmark$		<			$\checkmark$							
Quorn Fillet		$\checkmark$												
Vegetable Cottage Pie		$\checkmark$												
Vegan Quorn Nuggets		$\checkmark$												
Roasted Veg & Tom Pasta		$\checkmark$												
Veggie Lasagna		$\checkmark$					$\checkmark$							
Homity Pie		$\checkmark$		<b>√</b>			$\checkmark$							
Veggie Sausage		$\checkmark$												
Pizza Muffins		$\checkmark$					$\checkmark$					<	$\checkmark$	$\checkmark$
<mark>Spinach &amp;</mark> Mozzarella Bake		$\checkmark$					✓							

						Lupin Flour			MUSTARD		0		- Contraction Cont	COOP WINE
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusca	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
<mark>Sweet &amp; Sour</mark> Quorn Pieces		$\checkmark$		$\checkmark$									$\checkmark$	$\checkmark$
Vegetable Roast (Breadcrumbs)	$\checkmark$	✓		>			$\checkmark$		$\checkmark$				$\checkmark$	<ul> <li></li> </ul>
Vegan Sausage Roll		$\checkmark$											$\checkmark$	
<mark>Vegan</mark> Sausage Roll (C. Range)		✓					$\checkmark$							$\checkmark$
Veggie Burger														
PUDDINGS														
Pip Organic Ice Lolly														
Chocolate Brownie		✓		~			$\checkmark$						$\checkmark$	
Fruit Smoothie														
Fruity Flapjack		$\checkmark$												
Lemon Drizzle Cake		✓		~									$\checkmark$	
Pancakes		$\checkmark$		$\checkmark$			$\checkmark$							
Date & Apple Cake		$\checkmark$		$\checkmark$									$\checkmark$	
Pineapple Cake		✓		>									<b>~</b>	
Mandarin Jelly														
Chocolate Cracknel		✓					$\checkmark$							

						Lupin Flaur			MUSTARD				- Contraction of the second se	WINE
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusca	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
SIDES														
Malted Baguettes		$\checkmark$										$\checkmark$		
Sweetcorn														
Broccoli														
Cheese							$\checkmark$							
Baked Beans														
<mark>Tuna Mayo</mark>					$\checkmark$									
Country Range Wedges		$\checkmark$												
Green Beans														
Peas														
Roasted Potatoes														
Cabbage														
Sliced Carrots														
Chips														
Tomato Sauce														
Carrot & Cucumber Sticks														

						Lupin			MUSTARD				~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~	BOOT
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusca	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Corn on the Cob														
Salad														
Stir Fried Veg.		$\checkmark$											$\checkmark$	
Wholegrain Rice														
Noodles		$\checkmark$												
Hot Dog Roll		$\checkmark$										$\checkmark$		
Burger Bap		$\checkmark$											$\checkmark$	
GF Sausages														
GF Burgers														
Stuffing	$\checkmark$	$\checkmark$		<b>&gt;</b>					<ul> <li></li> </ul>				$\checkmark$	$\checkmark$
Caterschoice Gravy Granules														

		No.			Lupin Flour			MUSTARD			E C C C C C C C C C C C C C C C C C C C	Solo Bool	Boor
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