

Lewis Class

Theme/Curriculum (week beginning 06.07.20)

PE

- Get Set 4 PE is a fab company that has provided a huge number of activities that can be done at home and match the skills we teach in school. Please pick one or two and have a go this week!
<https://www.getset4pe.co.uk/ResourceBank/ResourceCategory/1002>
- Take part in the 'PE with Joe' sessions, every week day at 9am: <https://www.youtube.com/playlist?list=PLyCLOPd4VxBsjmT2uzj4ojk-EQaJ9oi8R>
- Have a go at some yoga: <https://www.youtube.com/user/CosmicKidsYoga>
- Fun dance routines taught by Oti Mabuse from Strictly!
https://www.youtube.com/channel/UC58aowNEXHHnfIR_5YTtP4g
- Saskia's Dance School - <https://www.youtube.com/user/saskiasdancschool/videos?app=desktop>
- Kids Bop Dance Break - <https://www.youtube.com/channel/UCqscMO1YfPB3-7dZZSxKPrQ>
- Yoga - https://www.youtube.com/watch?v=4ZpkRAcgws4&feature=emb_title
 - Also, there will be a number of activity and play resources, ideas, daily challenges promoted via the East Devon School Games Twitter Account: @EDSchoolGa1
 - A game to play:

Cross the swamp

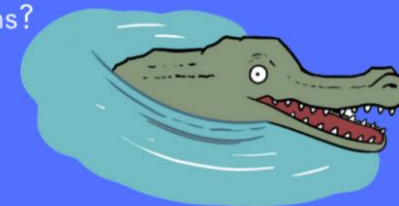


What you need: Some toys and two pillows

How to play:

- Players place their toys 8m away from a start line. This could be in another room if playing indoors.
- Players imagine that the space between the start line and their toys is a swamp.
- To rescue their toys they must use the two pillows to cross the swamp and retrieve one toy at a time.
- They cannot touch the swamp. How many toys can they rescue in 4 mins?

Watch out for the crocs!



RE

- Watch Robin's assembly - <https://www.youtube.com/watch?v=12XPjNKh4wY>
- This week it is about listening.
- Have a go at the quiz!
- Reflect on the story 'Paul' in a way that you choose – poem/prayer/picture
- Consider the question asked – *how is listening different to hearing?*

Activities through a themed based project

The project this week aims to provide opportunities for your child to learn more about music. Learning may focus on famous musicians, listening to and performing music and exploring a range of music genres and instruments.

- Lean On Me
 - Encourage your child to listen to Lean On Me <https://safeyoutube.net/w/qOy6>, a Soul/Gospel song by Bill Withers. Do they like it? What instruments can they hear? Can they clap a rhythm? Learn to sing the lyrics and have a go at performing the song. Perhaps your child would like to research this famous artist in more detail and listen to more of his songs, creating an artist profile complete with portrait sketch. Perhaps they could perform the song to a family member via Facetime (with adult supervision)? Share your performance at #TheLearningProject.
- Musical Makes
 - Ask your child to try creating their own music instrument. They could make their own pan flute using straws, a cereal box guitar, or some tin can drums. Encourage them to plan their design first, source materials from around the house, write the steps to make the product and then evaluate it afterwards. Or they could research Kandinsky and create their own instrument art inspired by his work whilst listening to different genres of music.
- Feel the Beat
 - Why not ask your child to have a go at moving their body to different genres of music. As you change between Rock, Jazz, Hip Hop, Heavy Metal and Classical music, how does the way they move their body change? Have a dance together to the beat of the music! Recommendation at least 2 hours of exercise a week.
- Listen Together
 - Encourage your child to ask each family member what their favourite song is. Play the song aloud and listen together. Spend some time as a family discussing what genre of music the songs belong to and how each piece of music makes you feel. Which genres of music were the most popular? Can your child represent their results in a bar chart. They could ask family members to rank their favourite genres of music first.
- Musical Movie Time
 - Allow your child to choose an age-appropriate musical to watch. Andrew Lloyd Webber is now posting filmed versions of his shows on his Youtube channel The Shows Must Go On! each week! Discuss the story behind the musical and ask your child to step into the shoes of different characters and imagine how they are feeling. Which is your child's favourite song from the film/show and why? Can they create a billboard poster advertising the show? Or perhaps design a ticket?