DISHES AND THEIR ALLERGEN CONTENT – Ventrus – Primary School – Summer Menu 2021

√ Contains √ May Contain

DISHES					D.	Lupin Flour	Milk		MUSTARD			SSEAMO		Beer
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Ham Carbonara sauce							√							
Pizza		✓					√							
Roast Chicken														
Crispy Chicken Goujons		✓												
Gravy														
Beef bolognaise sauce														
Breaded Fish		✓			✓									
Macaroni Cheese		✓					√							
Bacon														
Sausages		✓												✓
Hot dog Rolls		✓										V		
Shepherd's Pie														

Quorn sausages	✓	√		√				
Hot Dog Rolls	√						√	
Butternut squash risotto				√				
Cauliflower and broccoli bake				√				
Quorn Vegan Nuggets	√							
Haloumi stuffed peppers				√				
Quorn Chilli	√	√						
Sweetcorn and courgette fritters	√	√		√				
Vegetarian Wellington	√			√				
Vegetable bolognaise								
Jacket Potato								
Cheese				√				
Beans								
Tuna			✓					
Tuna Mayo			✓					
Pasta Pot	√							
Pasta pot with Tuna	√		✓					

Pasta pot with Cheese	√			✓				
Pasta pot with Ham	√							
Chicken salad								
Chicken and Bacon salad								
Crispy chicken salad	✓							
Sausage roll	✓			✓				
Wedges								
Pommes noisettes								
Roast potatoes								
Chips								
Sauté Potato								
Pasta								
Foccacia Bread	✓							
Tomato Ketchup								
Rice and peas								
Fresh Fruit								
Banana and Raspberry cake	✓	✓						

Fruit Smoothie							
Apple Cake	√	√					
Cookies	✓						
Flap Jack	✓						
St Clements Sponge	✓	✓					✓