

Lewis Class

Theme/Curriculum (week beginning 01.06.20)

PE	RE
<ul style="list-style-type: none">• Get Set 4 PE is a fab company that has provided a huge number of activities that can be done at home and match the skills we teach in school. Please pick one or two and have a go this week! https://www.getset4pe.co.uk/ResourceBank/ResourceCategory/1002• Take part in the 'PE with Joe' sessions, every week day at 9am: https://www.youtube.com/playlist?list=PLyCLoPd4VxBsjmT2uzj4ojk-EQaJ9oi8R• Have a go at some yoga: https://www.youtube.com/user/CosmicKidsYoga• Fun dance routines taught by Oti Mabuse from Strictly! https://www.youtube.com/channel/UC58aowNEXHHnfIR_5YtTP4g• Saskia's Dance School - https://www.youtube.com/user/saskiasdansschool/videos?app=desktop• Kids Bop Dance Break - https://www.youtube.com/channel/UCqscMO1YfPB3-7dZZSxKPrQ• Yoga - https://www.youtube.com/watch?v=4ZpkRAcgws4&feature=emb_title	<ul style="list-style-type: none">• Watch Robin's assembly - https://youtu.be/FCiScSUYA4 This week it gives you a change to discuss and reflect on the current lock-down situation.- Have a go at the quiz all about different signs – see how many you recognise!- Think about if you have experienced any hidden dips recently.- See if you can spot the hidden dip in the bible story – represent this with a drawing or some sentences.- Join in with the 'hunt the candle' game.- Reflect on any 'lights' in your life at the moment – you might want to write a poem or prayer about this.- Robin's suggestion – make a thank you card for one the key workers and put it somewhere for them to find!- Robin's song recommendation - https://www.youtube.com/watch?v=DDz9r3TVeLM

- Also, there will be a number of activity and play resources, ideas, daily challenges promoted via the East Devon School Games Twitter Account: @EDSchoolGa1
- A game to play:

6 in a row

Get Set 4 PE.

What you need: 6 shoes, two dice, a line marker e.g. dressing gown rope or a line on the floor and two or more players.

How to play:

- Place the 6 shoes in a row on the line.
- The two players begin at opposite ends of the shoes with one dice each.
- The shoes are numbered 1 – 6 from each players end so one players #6 will be their opponents #1 etc.
- Roll the dice and run to the shoe with the corresponding number. Move that shoe to the right side of the line.
- Run back to the dice and roll again.
- The winner is the player to have all 6 shoes on their right of the line, or whomever has the most shoes in 4 minutes.
- Make this easier by playing first to four shoes.

Roll and run!

Activities through a themed based project

The project this week aims to provide opportunities for your child to learn more about life in and around the sea. Learning may focus on the strange and wonderful creatures and plants that occupy our oceans, their habitats and how human beings affect this environment.

- Exploring the Blue Abyss

Can your child remember the oceans of the world? Encourage your child to find out about the five different layers of the ocean (Sunlight Zone, Twilight Zone, Midnight Zone, Lower Midnight Zone or Abyss and the Trenches). Sea creatures adapt incredibly to live in specific layers where the conditions, such as the temperature and light levels, can change. Can your child explore the creatures that are found in each layer of the ocean and create a fact file for each ocean layer with a labelled diagram?

- Submarine Sculptures

Ask your child to look at pictures of real submarines for inspiration and create their own model submarine from different materials found at home e.g. plastic bottles, paint, coloured pencils, string, paper mache, sweet wrappers, tin foil and cardboard. When your child is collecting materials, question them on the suitability of each material. Alternatively, children could design and create a boat to carry a load on the ocean using junk modelling. Remember to tweet a photo of their creation at #TheLearningProjects.

- ‘Under the Sea’ Stretches

Ask your child to try some yoga using the Cosmic Kids Youtube channel. There are lots of ‘Under the Sea’ themed yoga workouts and even a Moana-themed adventure! Or simply get stretching to some relaxing deep sea sound effects. *Recommendation at least 2 hours of exercise a week.*

- Preventing Pollution

Encourage your child to ask different family members what they know about plastic waste (e.g. plastic bags, six-pack rings and microbeads) that ends up in the ocean. They could do this by creating a questionnaire and carrying out interviews (perhaps over Facetime with adult supervision?). Discuss how you could help reduce ocean pollution and work together to create a persuasive poster to reduce plastic waste.

- Reef Research

The Great Barrier Reef is the only living thing which is visible from space! Encourage your child to take a virtual tour of the reef using AirPano and create a poster or video to promote the Great Barrier Reef. Ask them to use scientific language relating to the habitats and species groups found in the reef. Can your child identify the main threats to The Great Barrier Reef and include these too?