



by

2018

Seasonal Guides

SPRING  
GUIDE

Food Facts

Sampford Peverell C of E Primary  
School

## MENU INFORMATION

- Jacket Potatoes and a meat free alternative are available to pre-order daily. Please liaise with your school to check these options are offered.
- Fresh Fruit, Salad and Yoghurts are available daily.
- Please note that the menu may be subject to change to meet local needs.
- We endeavour to provide the products stated however, on rare occasions, substitutions may need to be made when circumstances beyond our control are experienced.

Would you like a career with Devon Norse? We often have opportunities for Cleaners, Catering Assistants and Kitchen Managers. For more information on our current vacancies or to download our application form, please visit [www.devonnorse.co.uk](http://www.devonnorse.co.uk) or call 01392 351160.

What's New?

We are delighted that, due to popular request, many of our old favourites have returned to the menu and we hope you will enjoy them as much as our cooks enjoy making them.

The Lamb Grill and Sweet Relish is a tasty new addition and joins traditional favourites together with our new Brunch Plait. If we have missed one of your favourites please let us know so we can try to include them next time.

Wednesdays remain as Traditional Roast Dinner Day with our Seasonal Fruit Platter for dessert allowing the opportunity to try something different as fruits come in to season.

Devon Norse are proud to support Farmwise Devon and we hope you will like some of their fun food facts we have included on our menu to see how important food and farming is in Devon.

If you are visiting this year's Devon County Show please visit the Farmwise Children's Farm where Devon Norse will be supporting the activities. You will also find us at Westpoint in October in the Food Zone where you can also meet many of our suppliers.



## SPECIAL DIETS

We take your children's dietary needs very seriously and ask that you let us know if your child suffers with a food related allergy, or has any other medical or cultural dietary needs. We ask that you write to us with a supporting statement from your doctor or Registered Dietician. Once received, our Key Account Manager or Kitchen Manager will meet with you to arrange a suitable diet plan for your child.

Information on the allergen content of our menus is available on our website [www.devonnorse.co.uk](http://www.devonnorse.co.uk). This is provided as a guide and updated as changes occur which are sometimes beyond our control. If your child does have a specific dietary need, please make sure our catering teams are aware of it and that you check the website regularly for updates.

## FOOD SUPPLIERS

Where possible we source our foods from Devon and the South West. Our butchers at Scorse Foods supply all our meat; most of which comes from farms across the West Country. Our meat is all Red Tractor Farm Assured, some is organic and all raised to high welfare standards.

Total Produce supply our fruit and vegetables; over 50% grown in the West Country. All our eggs are Free Range and freshly laid in farms across Devon and Cornwall.

As for dairy produce, our ice-cream is made in Plympton by Langage Farm and our yogurts are made by Yeo Valley. Our cheese is made by Wykes of Somerset and all our milk comes from local farms too. Check our website for further information.

Devon Norse work closely with Environmental Health, Trading Standards and our suppliers to ensure we are only using the best and safest ingredients.

Over recent years, Trading Standards have tested our food for Pesticides, Allergens, Species and DNA content and we are delighted that all results have been satisfactory for your peace of mind.

## FREE SCHOOL MEALS

All children attending Reception, Year 1 and Year 2 are offered a free school meal as part of the Government Universal Free School Meals for Infants Programme. If you receive a benefit that gives entitlement to a free school meal, please apply for this through your local County Council as the school can receive additional funding.

You may be eligible for free school meals, if as a parent or guardian, you are in receipt of one of the following:

- Income Support
- Income-related Employment and Support Allowance
- Universal Credit
- Support under Part VI of the Immigration and Asylum Act 1999
- Income-based Jobseeker's Allowance
- The Guarantee element of State Pension Credit
- Child Tax Credit, provided you are not entitled to Working Tax Credit and have an annual income (as assessed by HM Revenue & Customs) that does not exceed £16,190

## CONTACT DETAILS

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# Week One

	Monday	Tuesday	Wednesday	Thursday	Friday
Main 1	Beef Pasta Bolognese	Organic Pork Meatballs with Homemade Tomato Sauce	Farm Assured Roast Gammon & Pineapple	Handmade Margarita Pizza	Harry Ramsdens's Battered Fish
Main 2	Macaroni Cheese	Mediterranean Pasta Bake	Handmade Vegetable Tart	Quorn Stir Fry & Noodles	Linda McCartney Sausage
Sides	Carrots & Fresh Mixed Salad, Garlic Bread Slice	Seasonal Vegetables & Mixed Salad Creamed Potatoes	Peas, Cauliflower & Gravy Traditional Roast Potatoes or Creamed Potatoes	Sweet Summer Salad & Baked Beans Baked Potato Wedges	Seasonal Vegetables, Golden Fries or Pasta
Dessert	Langle Farm Ice Cream & Fruit Cocktail	Chocolate Cracknel and Chilled Orange Juice	Fresh Fruit Platter	Lemon Drizzle Cake & Chilled Fruit Juice	Handmade Vanilla Biscuit — Devon Nourse own recipe
Jacket Potato	Jacket Potato and Baked Beans	Jacket Potato and Tuna	Jacket Potato and Coleslaw	Jacket Potato and Cheese	Jacket Potatoes and Baked Beans

## AVAILABLE EACH DAY

Fresh fruit, salad, bread, yoghurt and water (please check with your school for availability)

Week starting - 16-04-18, 07-05-18, 04-06-18, 25-06-18, 16-07-18, 03-09-18, 24-09-18 & 15-10-18

# Week Two

	Monday	Tuesday	Wednesday	Thursday	Friday
Main 1	Butchers West Country Sausages	Beefburger in Bap with Tomato Relish	British Roast Chicken	Brunch Plait	Oven Baked Fish Fingers
Main 2	Sausage Pasta Pea Bake	Stir Fry Wrap	Quorn Roast	Vegetable Fajitas	Vegetarian Burger
Sides	Orchard Salad & Peas, New Potatoes or Pasta	Sweetcorn & Orchard Salad, Baked Potato Wedges	Carrots, Broccoli & Gravy, Traditional Roast Potatoes or Creamed Potatoes	Baked Beans & Peas, Savoury-Diced Potatoes	Seasonal Vegetables, Golden Fries or Pasta
Dessert	Peach Melba	Granola Summer Fruit Crumble & Custard	Fresh Fruit Platter	Golden Flapjack and Chilled Milk	Handmade Chocolate Drop Biscuit — Devon Nourse own recipe
Jacket Potato	Jacket Potato and Tuna	Jacket Potato and Baked Beans	Jacket Potato and Cheese	Jacket Potato and Coleslaw	Jacket Potato and Cheese

## AVAILABLE EACH DAY

Fresh fruit, salad, bread, yoghurt and water (please check with your school for availability)

Week starting - 23-04-18, 14-05-18, 11-06-18, 02-07-18, 23-07-18, 10-09-18, 01-10-18

## Did you know?

Each year Devon produces over 25 different types of field grown vegetables.



# Week Three

	Monday	Tuesday	Wednesday	Thursday	Friday
Main 1	Pasta Carbonara	Chicken Fillets with BBQ Sauce	British Roast Turkey	Lamb Grill with Sweet Relish	Harry Ramsdens's Breaded Seaside Fish
Main 2	Tomato Tumble	Chicken Sweetcorn Pasta	Vegetarian Roast	Cheese Wheels	Baked Bean Pasty
Sides	Seasonal Vegetables, Baked Beans, Pasta	Peas & Sweet Shredded Carrot, Tilda Rice	Green Beans, Peas & Gravy, Traditional Roast Potatoes or Creamed Potatoes	Coleslaw & Peas, Baked Potato Wedges	Seasonal Vegetables, Golden Fries or Pasta
Dessert	Pears, Langle Farm Ice-cream and Hot Chocolate Sauce	Toffee Apple Pancakes & Chilled Milk	Fresh Fruit Platter	Handmade Iced Carrot Cake, & Cool Milk	Handmade Jammy Dodger — Devon Nourse own recipe
Jacket Potato	Jacket Potato and Cheese	Jacket Potato and Coleslaw	Jacket Potato and Tuna	Jacket Potato and Baked Beans	Jacket Potato and Coleslaw

## AVAILABLE EACH DAY

Fresh fruit, salad, bread, yoghurt and water (please check with your school for availability)

Week starting - 30-04-18, 21-05-18, 18-06-18, 09-07-18, 30-07-18, 17-09-18, 08-10-18

## Did you know?

Each year Devon produces enough eggs for 80 million family breakfasts.

