



Week One

	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Outdoor Reared Pork Meatballs in Tomato Sauce	Macaroni Cheese made with Wykes Cheddar	Farm Assured Roast Gammon and Pineapple ^{GF}	Handmade Meat Feast Pizza topped with Wykes Cheddar	Oven Baked Fish Fingers
Option 2 (V)	Handmade Mediterranean Pasta Bake	Mexican Bean Burrito*	Handmade Vegetable Tart*	Quorn Stir Fry* and Noodles	Spanish Omelette* ^{GF}
Served With	Tilda Rice ^{GF} or Pasta Broccoli ^{GF} and Sweetcorn ^{GF}	Crusty Bread Seasonal Vegetables ^{GF} and Mixed Salad ^{GF}	Roast or Creamed Potatoes ^{GF} Carrots ^{GF} Cauliflower ^{GF} and Gravy	Baked Potato Wedges ^{GF} Sweet Summer Salad ^{GF} and Baked Beans ^{GF}	Golden Fries ^{GF} or Pasta Seasonal Vegetables ^{GF}
And for Pudding	Handmade Chocolate Cracknel ^{GF} and Cool Milk	Meringue Nests with Mandarins* ^{GF}	Fresh Fruit Platter*	Chocolate Cake with Chocolate Custard	Handmade Vanilla Biscuit Devon Norse Recipe
Available Each Day	Fresh fruit, salad, bread, yoghurt and water Jacket potato option (please check with your school for availability)				

Week starting: 11 Apr • 2 May • 23 May • 20 Jun • 11 Jul • 12 Sept • 3 Oct



Week Two

	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Oven Baked West Country Sausages Devon Norse Recipe	Lasagne made with West Country Beef	British Roast Turkey with Cranberry Sauce ^{GF}	Shepherd's Pie topped with Devon Creamy Potatoes	Battered Salmon Finger ^{GF}
Option 2 (V)	Handmade Homity Pie	Home Baked Lentil Loaf	Quorn Roast ^{GF}	Tomato Tumble*	Cheese Wheel made with Wykes Cheddar
Served With	New Potatoes ^{GF} or Pasta Baked Beans ^{GF} and Peas ^{GF}	Baked Potato Wedges ^{GF} and Crusty Bread Coleslaw ^{GF} and Mixed Salad ^{GF}	Traditional Roast Potatoes ^{GF} or Creamed Potatoes ^{GF} Carrots ^{GF} Broccoli ^{GF} and Gravy	Savoury Diced Potatoes Cauliflower ^{GF} and Green Beans ^{GF}	Golden Fries ^{GF} or Pasta Seasonal Vegetables ^{GF}
And for Pudding	Red Velvet Cake* and Custard - Devon Norse Recipe	Iced Sponge	Fresh Fruit Platter*	Fruit Jelly* ^{GF} and Shortcake Finger	Handmade Chocolate Drop Biscuit - Devon Norse Recipe
Available Each Day	Fresh fruit, salad, bread, yoghurt and water Jacket potato option (please check with your school for availability)				

Week starting: 18 Apr • 9 May • 6 Jun • 27 Jun • 18 Jul • 19 Sept • 10 Oct

Did you know?

The tomato is actually a fruit not a vegetable! Tomatoes are an excellent source of vitamins and minerals.



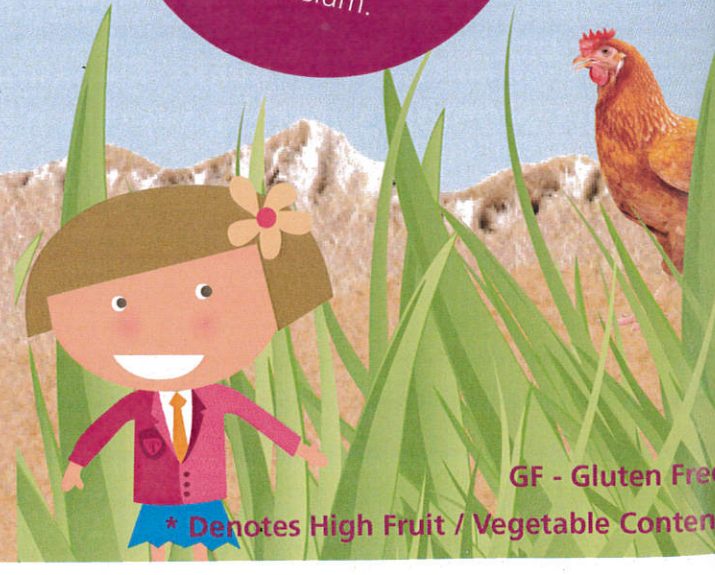
Week Three

	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Pasta Bolognaise made with West Country Beef	Southern Style Chicken with BBQ Sauce ^{GF}	Roast Beef ^{GF}	Westcountry Beef Burger in a Bap with Sweet Relish	Harry Ramsden's Fish
Option 2 (V)	Meat Free Sausage Roll and New Potatoes	Roast Butternut Squash, Chickpea and Vegetable Rice* ^{GF}	Quorn Burger	Vegetable Fajitas*	Handmade Baked Bean Pasty
Served With	Garlic Bread Slice Seasonal Vegetables and Summer Salad ^{GF}	Tilda Rice ^{GF} Peas ^{GF} and Sweet Shredded Carrots ^{GF}	Roast or Creamed Potatoes ^{GF} Farmhouse Vegetables ^{GF} Swede ^{GF} and Gravy	Baked Potato Wedges ^{GF} Coleslaw ^{GF} and Sweetcorn ^{GF}	Golden Fries ^{GF} or Pasta Seasonal Vegetables ^{GF}
And for Pudding	Peaches* and Ice Cream ^{GF}	Iced Mousse and Fruit Juice* ^{GF V}	Fresh Fruit Platter*	Iced Chocolate Orange Slice	Handmade Jammy Dodger - Devon Norse Recipe
Available Each Day	Fresh fruit, salad, bread, yoghurt and water Jacket potato option (please check with your school for availability)				

Week starting: 25 Apr • 16 May • 13 Jun • 4 Jul • 5 Sept • 26 Sept • 17 Oct

Did you know?

Beetroot is of exceptional nutritional value being an excellent source of folic acid and a very good source of fibre, manganese and potassium.



GF - Gluten Free

* Denotes High Fruit / Vegetable Content